

ANNUAL REPORT OF COMMUNITY ACTION PROGRAM

The Community Action Program receives support for the center through a combination of federal and local funds. The Laconia Area Center is located on Route 106 (121 Belmont Road) in Laconia. We provide outreach programs to the homebound and direct assistance and services to income eligible, low income, handicapped and elderly residents in your community.

Enclosed with this report is the summary of services provided to Alton in 2008. In addition to these services, the Area Center staff will assist clients with information and referral services to other social service agencies that can help with their individual needs. Our area center staff works closely with the Town welfare office to provide assistance to Town residents from other various resources before using Alton taxpayer dollars.

We at the Community Action Program (CAP) wish to thank the Town of Alton for its support in the past. With your continued interest and support, we will be able to continue our services and assistance to the low income and elderly residents of your Town. To reach the Community Action Program please call us at 524-5512 in Laconia or the main office in Concord at (800)856-5525 with any questions.

For Information on elderly programs including meals-on-wheels, transportation, etc., contact the Senior Center in Alton at 875-7102. For information and application to Elderly Housing in Alton (Prospect View) please contact their local office at 875-3311.

Respectfully submitted,

Bob Adams, Director
Laconia Area Center

COMMUNITY ACTION ACTION (CAP)

SUMMARY OF SERVICES 2008 PROVIDED TO ALTON RESIDENTS BY THE LACONIA AREA CENTER COMMUNITY ACTION PROGRAM BELKNAP-MERRIMACK COUNTIES, INC.

SERVICE DESCRIPTION	UNITS OF SERVICE	HOUSEHOLDS/PERSONS	VALUE
COMMODITY SUPPLEMENTAL FOOD PROGRAM is a nutrition program that offers participants free nutritious foods to supplement their daily diet. The program serves children under six years of age, women during pregnancy and up to 12 months after the birth of their baby. *(An individual may not be enrolled in both the WIC Program and CSFP but a family may have members on both programs.)		HOUSEHOLDS--102	\$ 61,200.00
CONGREGATE MEALS- All elders are welcome to our congregate meal sites/ Senior Centers for nutritious hot meals, social/recreational activities and special events. Value \$6.68 per meal.	MEALS-4407	PERSONS--71	\$ 30,760.86
MEALS-ON-WHEELS provides the delivery of nutritionally balanced hot meals to homebound elderly or adult residents five days per week. Value \$6.98 per meal.	MEALS-6785	PERSONS--30	\$ 47,359.30
RURAL TRANSPORTATION provides regularly scheduled demand response to and from towns in Belknap and Merrimack Counties to medical and professional facilities, shopping centers, and congregate meal sites. Value \$8.00 per ridership.	RIDES-802	PERSONS--16	\$ 6,416.00
EMERGENCY FOOD PANTRIES provide up to five days of food for people facing temporary food crisis. Value \$5.00 per meal.	MEALS-243	PERSONS--27	\$ 1,215.00
FUEL ASSISTANCE is available to income eligible households to help with energy costs during the prime heating season. Priority is given to the elderly and disabled. The average benefit for the 2007-08 program was \$734.00.	APPLICATIONS--163	PERSONS--409	\$131,690.00
ELECTRIC ASSISTANCE program is a statewide program funded by all electric rate payers which provides a specific tier of discount from 5% to 70% on electric bills for income eligible households.	HOUSEHOLDS--118		\$ 51,684.00
WOMEN, INFANTS AND CHILDREN provides specific food to supplement daily diet of pregnant or nursing women as well as children under five. Participants receive medical/nutritional screening, counseling and education. Value includes value of vouchers and clinical services.		HOUSEHOLDS--59	\$ 46,718.52
FAMILY PLANNING provides confidential, comprehensive gynecological care, including complete medical examinations, breast exams, Pap smears, pregnancy testing, birth control and counseling.	STATS NOT AVAILABLE		

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WEATHERIZATION improves the energy efficiency of income eligible households. Supplemental program also includes furnace replacement, water heater replacement and roof repair. Value includes average material and labor.	HOMES--5	PERSONS--9	\$5,847.93
SENIOR COMPANION PROGRAM provides friendly visiting and respite services for home-bound elderly. Income eligible seniors (60+) serve as companions. Value to companions includes mileage, weekly stipend (\$2.57 per hour). Value to visitees is comparable to similar private sector services (\$6.57 per hour).	HOURS--735 HOURS--	VISITEES--1 COMPANIONS--	\$ 4,831.07
SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM provides income eligible seniors with meaningful training and employment experiences within community based non-profit agencies. Seniors are paid for twenty hours of work weekly until appropriate unsubsidized employment is found.		PERSONS--1	\$ 4,298.67
THE FIXIT PROGRAM mobilizes volunteers, especially skilled occupations such as plumbers and electricians, to assist elderly clients with small	HOUSEHOLDS--8	JOBS--25	\$892.00
EMERGENCY ASSISTANCE PROGRAM provides funds to avoid homelessness such as utility shut offs and evictions. All other sources of assistance must be utilized before any request is considered for this assistance.	GRANTS--1		\$511.25
USDA COMMODITY SURPLUS foods are now distributed directly to local food pantries and kitchens on a quarterly basis. These pantries and soup kitchens service all in need, not just town residents.	CASES--115		\$1,732.50
		GRAND TOTAL	\$395,157.10
INFORMATION AND REFERRAL --CAP provides utility, landlord/tenant, legal and health counseling as well as referrals for housing, transportation and other life concerns. These support/advocacy services are not tracked.			